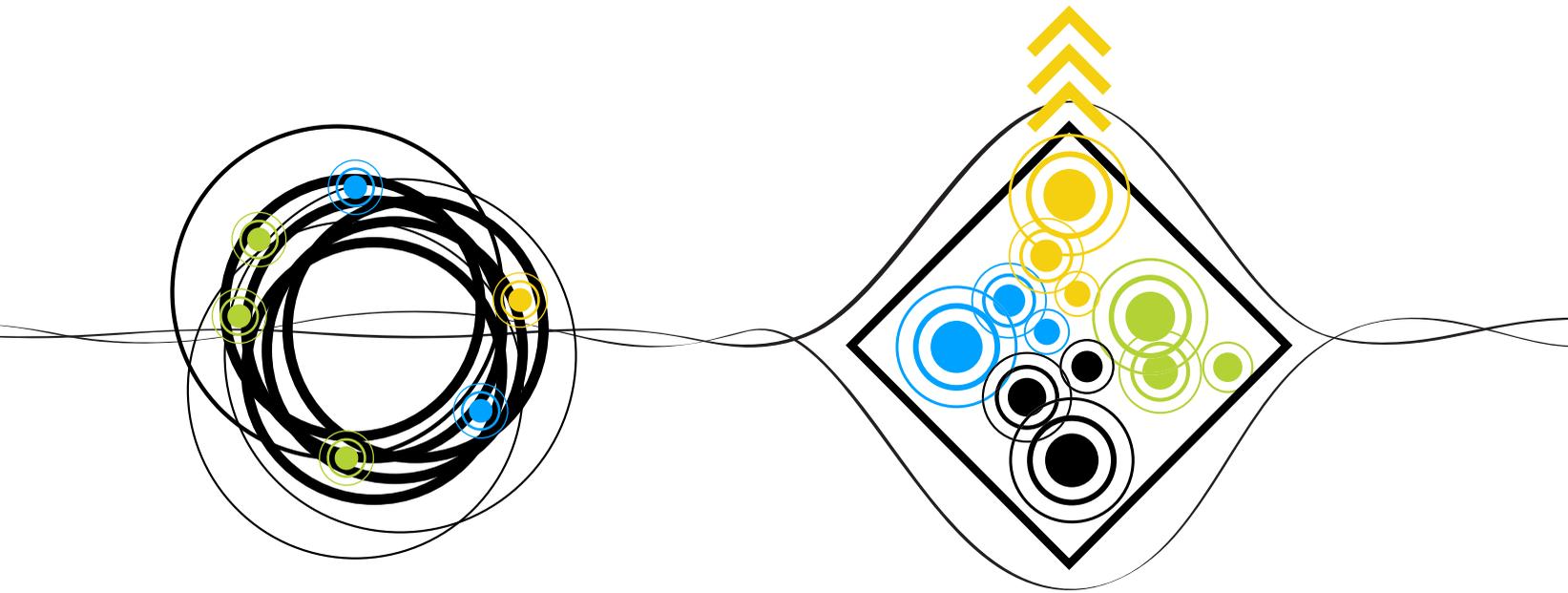
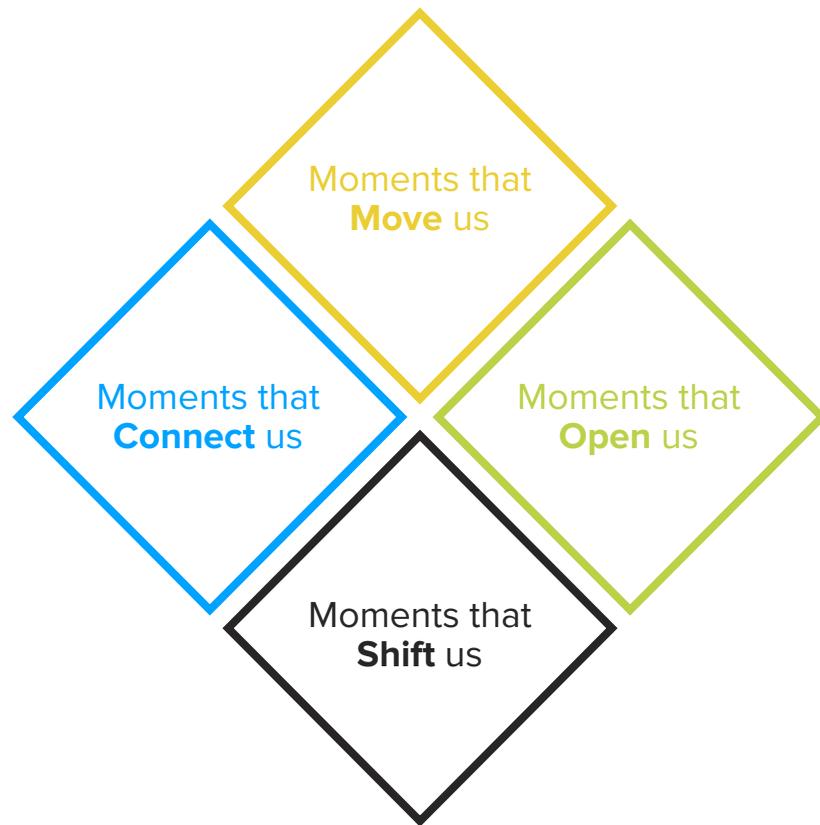


## Moments Matter & Micro-Skills



‘The challenge is to tune into,  
lean into and/or intervene in  
moments that matter.’



## WHY MOMENTS MATTER?

We can't work any harder or longer hours, nor can we expect others to do the same. A growing number of people are already working all hours of the day, most weekends and into their holidays. It is of course an unsustainable way of increasing productivity.

Unfortunately we find ourselves trapped in these 'achiever' cultures that relentlessly, obsessively and often unhealthily push for ever increasing levels of performance in lazy ways.

The ultimate tragedy here is how the push for high-performance undermines any chance of reaching peak performance, and of unleashing new levels of productivity and creativity.

Peak performance is not about relentlessly pushing. Rather, it is about optimising the conditions for breakthrough – those sublime moments that irreversibly shift our thinking, move us forward, bind us collectively, and release the energy needed to create new movement – and then knowing how to recover and go again.

Tuning into and shaping these moments is a core skill of advanced organisational cultures, because in peak performance the moment is always full of both power and danger.

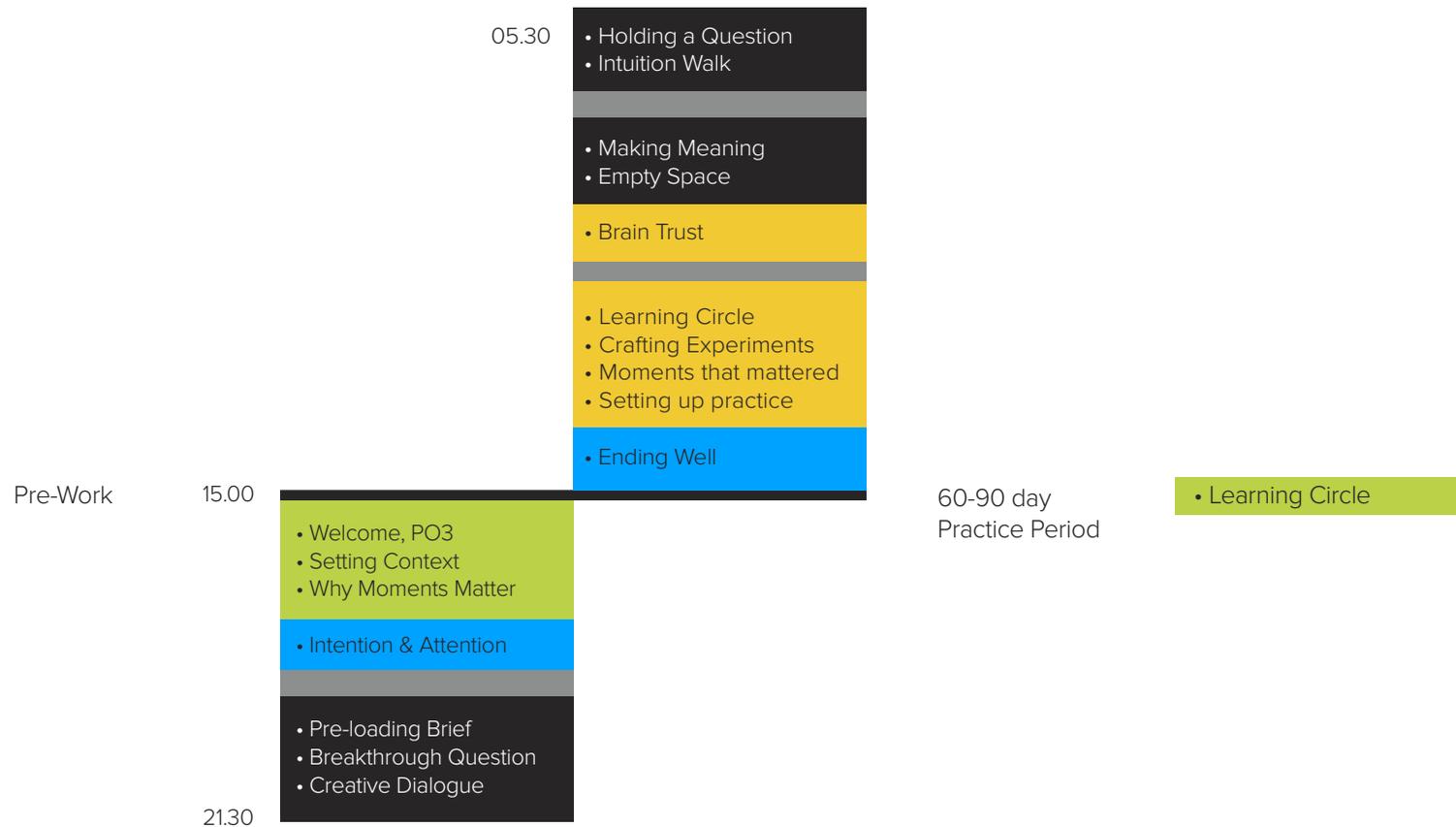
In these cultures, individuals and teams have honed the way they work and interact in the moment. They know that when they deepen their listening, use their voice, give candid feedback, disclose, appreciate others, value difference, step into the unknown, see pattern and catch the fragile glimpses of 'the new' – that these moments energetically move us and transform us, such that we change, the way we think changes, and the way we think together changes, enabling us to move forward with heart, mind, power and focus.

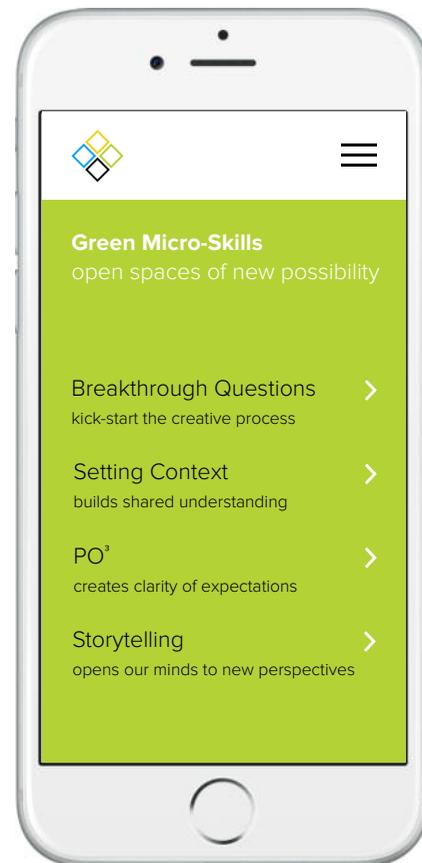
# MOMENTS MATTER

## A 24HR EXPERIENCE

The second program in the curriculum introduces leaders to the power of moments, and therefore ways of working in the moment that enable us to notice them, catch them and harness them. This subtle skill significantly increases our effectiveness, our quality of contact and relationships, our ability to think new things, and our ability to think and do new things together.

- Explore the power of moments and how they literally shape us and define us
- Learn how to tune into, lean into and intervene in the moment through the use of Micro-Skills
- Pre-load these skills through practice
- Understand the hidden code for catalysing insight
- Craft your own set of leadership experiments to practise over the next 90 days





## MICRO-SKILLS APP A UNIQUE COLLECTION

Our Micro-Skills App is the sister product to the 24hr Moments Matter experience.

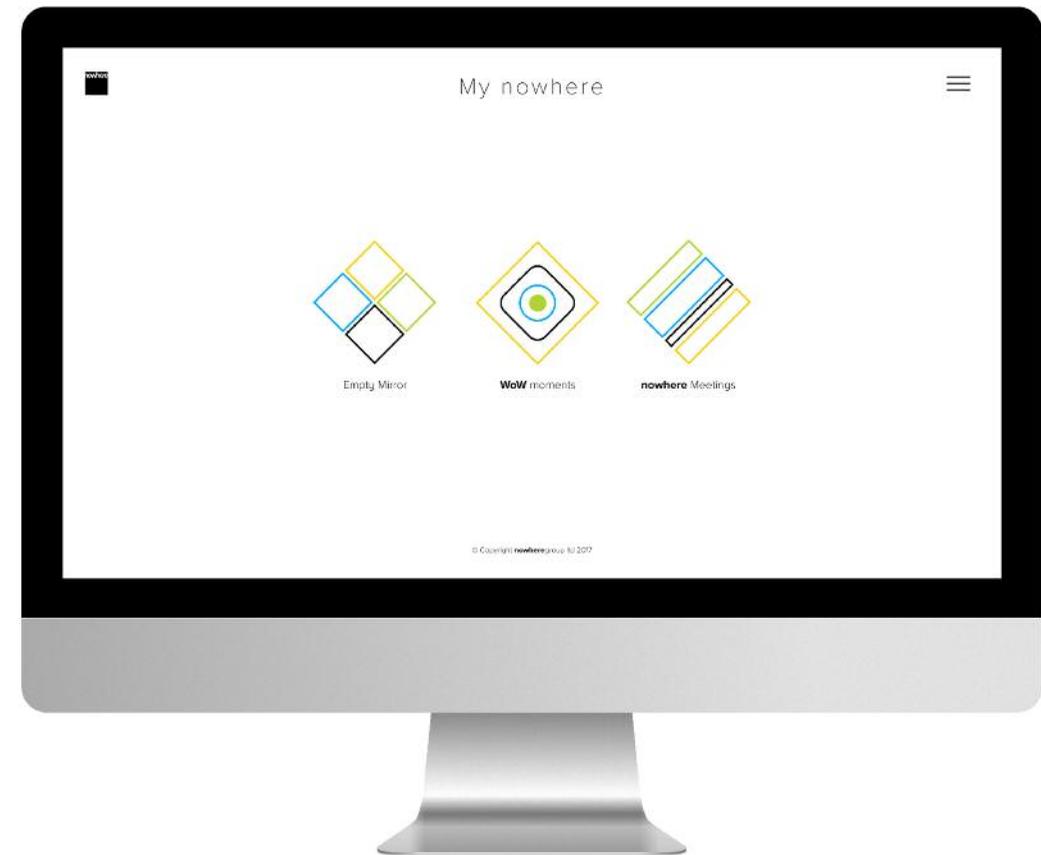
It presents a curated set of practical micro-skills – the subtle skill for unlocking wholly new levels of productivity, creativity and innovation.

- A unique collection of micro-skills
- Each with step-by-step process guides
- Woven together by a simple framework of how and when to use them and in what order
- Tips and traps showing how to maximise them and things to watch out for
- Purchased through the App Store, or through an Enterprise Licence

## ONLINE LEARNING

Once your leadership community have been trained using the 24hr program and the Micro-Skills app, these frameworks and skills can then be scaled across whole organisations through a series of online learning modules, tuning the way the whole organisation thinks, relates, leads and organises.

This is how the core skills of next gen meeting cultures are woven into organisational life.





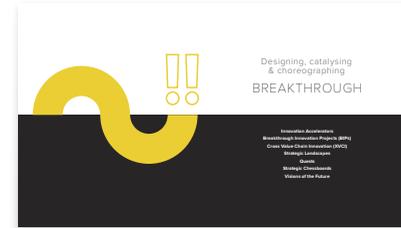
**The Hum**  
Celebrating 20 years of **nowhere**



**Our Core Practice**



**Tuning Teams**



**Designing, Catalysing & Choreographing Breakthrough**



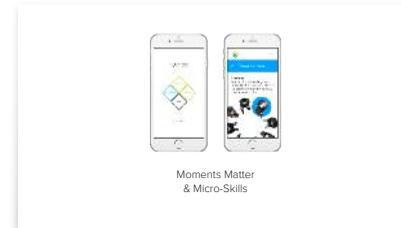
**Building Eco-Systems & Cultures of Innovation**



**Transforming the way organisations meet and lead**



**Holding Space & Empty Mirror**



**Moments Matter & Micro-Skills**



**Meeting Forms & Circles**



**Catalyst Training**



**nMaps**



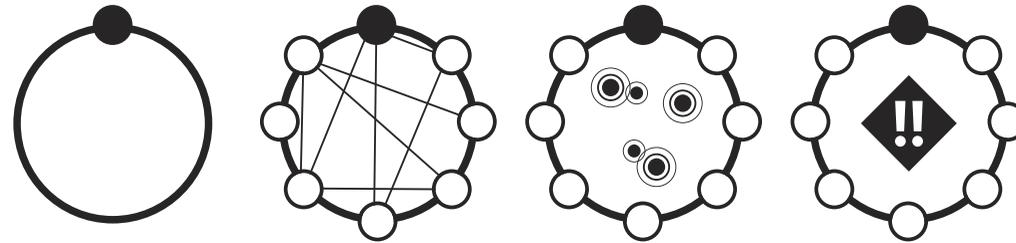
**Riding the Creative Rollercoaster**



**Evocative Leadership & Catalyst Skills**

# nowhere

Catalysing Breakthrough



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